



Word of the Year for _____

Use this space to heart-storm a word that will encompass this year for you.

Maybe it's a core value you want to live by or a feeling you wish to fully embrace. Circle your top three then ask your heart which one to go for.

Write the reasons why you've chosen it. Don't worry, you cannot choose wrong and you're allowed to change it later if you'd like to.





Thank you for listening to the Project Me Podcast!

Come and share your Word of the Year with me:

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[The Project Me book](#) is available on Amazon and all good book sellers.

Until next time, open your mind, open your heart - and stay curious. We all need some space in our lives for the magical and unknown.

Positively yours,
Kelly x



Kelly Pietrangeli is the creator of Project Me, a global movement of women who are stepping out of auto-pilot and consciously creating their lives.

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