



Ep 7: Creating My Very Own Project Me

Where in your life do you feel like you might be operating in auto-pilot; going through the motions out of habit rather than being intentional and conscious? Explore this below.



What's a current challenge that could potentially be figured out quite easily if you gave it some focused attention to find a solution?



Which area or areas of your life get pushed onto the back burner too often? Why do you think that happens? How could you bring it closer to the front?

Do you have a hobby or passion project on the go right now? If not, what would you love to do? (Don't be afraid to put in on paper and see how it looks...)

What would you do if you had one full day to yourself to do something just for YOU?





What would you love to do for one full WEEK if time or money or responsibilities were not an issue? Dream big! (This is about planting seeds for the future...)

What do you think about having a **hot date with you** once a month to do some challenge solving and a little light dreaming and scheming about the different areas of your life? Do you want to make this happen? How?



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www.myprojectme.com/projectwe



Membership includes a monthly live workshop with me, my Start Here programme, an online community of women from all over the world who are working on their Project Me's together + so much more.

To find out about my 4-week **High Vibe Journey** programme, go to
www.myprojectme.com/high-vibe-journey

If you haven't yet got the free **Project Me Life Wheel®** head to
www.myprojectme.com

The Project Me book is available on Amazon and all good book sellers.

Until next time, open your mind, open your heart - and stay curious.

Positively yours,
Kelly x



Kelly Pietrangeli is the creator of Project Me, a global movement of women who are stepping out of auto-pilot and consciously creating their lives.

#ProjectMe @kellyprojectme